

TRAINING IN CONTEMPORARY DANCE

Training in Contemporary Dance as an Add – On Course was introduced in the session 2023 – 24 for the students of the College.

Objectives of the Course

1. To encourage students to explore areas of unconventional movements.
2. To increase power and endurance of the students.
3. To nurture creativity among students.

Course Outcome

After completion of this Course, students would

1. Be more flexible.
2. Have better ability to improvise.
3. Be able to create new styles and techniques.
4. Be more confident towards their approach to life.

Syllabus

Theme based Training

- Ballet
- Jazz
- Lyrical

